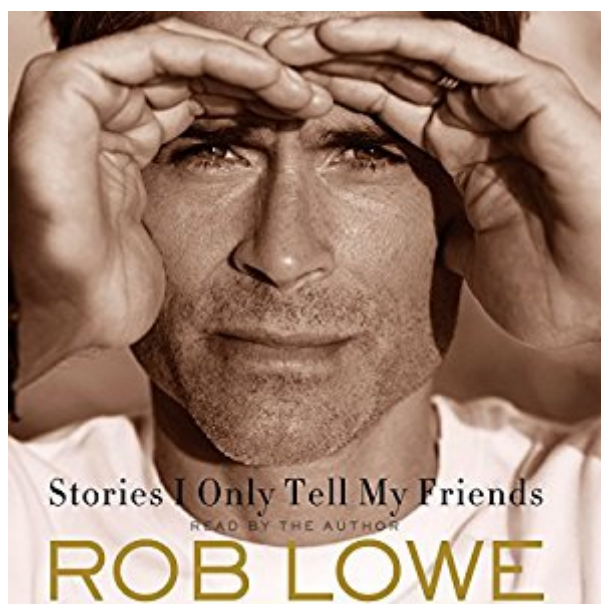


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# Stories I Only Tell My Friends: An Autobiography



## Synopsis

A wryly funny and surprisingly moving account of an extraordinary life lived almost entirely in the public eye. A teen idol at 15, an international icon and founder of the Brat Pack at 20, and one of Hollywood's top stars to this day, Rob Lowe chronicles his experiences as a painfully misunderstood child actor in Ohio who was uprooted to the wild counterculture of mid-70s Malibu, where he embarked on his unrelenting pursuit of a career in Hollywood. The Outsiders placed Lowe at the birth of the modern youth movement in the entertainment industry. During his time on The West Wing, he witnessed the surreal nexus of show business and politics, both on the set and in the actual White House. And in between are deft and humorous stories of the wild excesses that marked the 80s, leading to his quest for family and sobriety. Never mean-spirited or salacious, Lowe delivers unexpected glimpses into his successes, disappointments, relationships, and one-of-a-kind encounters with people who shaped our world over the last 25 years. These stories are as entertaining as they are unforgettable.

## Book Information

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## Customer Reviews

To be honest, my main reason for buying this book was that I was a huge "Outsiders" fan back in the early 80's. I always felt Rob was the best looking Greaser in the cast & as the years passed, also felt he was the best looking of the Brat Pack. I certainly didn't expect his book to be more than a compilation of stories about his life in Hollywood but it is more than that. He discusses his parent's divorce, his mother's depression, their financial struggles & his love for his wife & sons. He also gives Outsiders fans a great behind-the-scenes look into the making of that film. He is very candid &

exposes himself as a flawed human being like the rest of us. He does discuss other Hollywood pals & tells some great stories but he doesn't make their celebrity the focal point of these tales or his book. A must read for those who loved the movie the Outsiders and anyone who is a fan of Rob's.

As several other reviewers have mentioned, I ordered this book for my Kindle after seeing Rob on "Oprah!" last week. I'm almost finished with it (2 more chapters to go) and have enjoyed every word. Those readers looking for salacious, mean-spirited gossip won't find it here. But Rob does talk a great deal about the famous folk he's been involved with over the years: JFK Jr., the Sheens, Daryl Hannah, Princess Stephanie of Monaco, and of course his fellow members of the Brat Pack. His fondness for many of them shines through, and he describes the relationships in such a way that I felt I'd had an honest little glimpse of each one. As a movie and TV buff for most of my life, I loved the behind-the-scenes glimpses of Rob's various projects, particularly "The Outsiders" and "The West Wing." Others may pick up this book with different expectations, but I've found it well worth the investment of time and money. Thanks, Rob, for the interesting peek inside your various worlds: son and brother, fledgling actor, Brat Packer, Hollywood superstar, and finally, devoted husband and brother.

As soon as I read the book excerpt in Vanity Fair I knew I would have to read Rob Lowe's book and it does not disappoint. He has had a very interesting life and shares the details with a humbleness you would not expect. Whether you are a huge fan of his work over time or fell for his way too good looking young face 25 years ago (which has only improved with age) Rob reveals himself and his imperfections, vulnerabilities, and genuine spirit. I thoroughly enjoyed the read and would like to thank Mike Myers for suggesting he write it.

Rob puts great detail into his early years; his somewhat dysfunctional family and his fascination with movies and acting. The best stories are the ones where famous people cross his path early in his career and the impact they have later (JFK Jr, the Sheen family, Cary Grant). My one complaint is that he glossed over a few important events. He says that the fallout from the sex tape scandal was the catalyst to his sobriety but barely mentions the event itself. Also, his wife of 20 years is introduced very abruptly, his mother's mental illness during his younger years is discussed in great detail but her sudden recovery isn't. The West Wing is the last thing that he discusses in any detail even though his work on Brothers and Sisters was some of his best (heart attack episode, anyone?) but he only mentions it in one sentence. Having said all that, I actually liked Rob's style of

writing. It was a quick and fascinating read. It felt like he ran out of time before the publishing deadline and that maybe there are more stories to come.

I was never a big Rob Lowe fan during his heyday. I guess I just considered him a very fortunate and moderately interesting pretty boy. Except for *The West Wing* I couldn't even remember a single movie the guy was in. Sorry. I bought this book after reading an excerpt in *Vanity Fair*. What an absolutely delightful surprise. Thoroughly entertaining, funny, insightful, reflective and a little saucy. Something he can be very, very proud of. It isn't often that I pre-order a book sight unseen by an unknown author, but I'm really, really glad that I did so this time. If you're a fan of Mr. Lowe or just a fan of the movie industry, I strongly recommend you buy this book. It will keep you engrossed and leave you with a positive feeling at the end of it all that this guy turned out pretty good (not just pretty). I think I might need to plan a Rob Lowe retrospective movie week-end in the near future.

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